



WA State Committee Event | 22 March 2020

Part 1: How to work with the 'Monkey Mind'

Presented by Ian Russell

"One in five Australians aged 16-85 experience a mental illness in any year." I will look at how to look after your mental health as a practitioner. A well discussed topic will hopefully bring a new perspective.

Participants can expect:

1. A modern look at how the brain functions
2. Learn how to use ancient meditation techniques to maintain good mental health.

Part 2: Canonical Chinese Medicine – A personal journey into the roots of Chinese Medicine

Presented by Wade James

This is my journey from the first comprehensive program of TCM in Australia, through decades of practice, to a questioning of the fundamental tenants of TCM and the subsequent journey into the Classics of Chinese Medicine.

Participants can expect:

1. Learn about the historical roots of TCM in Australia
2. Question the basics of TCM through everyday practice
3. Uncover the history of the lost Classics and their rediscovery
4. Discover a Classical paradigm for the practice of Chinese medicine

About the presenters

Ian Russell

Ian Russell has been working as a Chinese Herbalist and acupuncturist for the last sixteen year. Previous to this he enjoyed a ten-year career as a psychiatric nurse. Ian is also a teacher of the Universal Healing Tao System.

Wade James

Dr Wade James is a registered Chinese Medicine Physician in Australia. He has practiced in Fremantle for more than 30 years. His qualifications include a Masters degree in Chinese medicine from the University of Technology Sydney and numerous clinical trainings in hospitals in China. He is a former Secretary of AACMA and a Director of Chinawest Pty Ltd. He created the first 4-year comprehensive TCM program in Perth and was a senior lecturer and clinical supervisor in that program. In the last decade his practice has focused on the Shang Han Za Bing Lun and the Dr Tian He Ming lineage of Chinese medicine.

Event Details

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| Date | 22 March 2020 |
| Time | 9:00am – 1:30pm |
| Cost | AACMA Members: \$45 (walk-in: \$55) Students Members: FREE Non-members: \$55 (walk-in: \$65) |

- *Please register with AACMA prior to the event. NO walk-ins will be accepted on the day if the number limit has already been reached.*
- *No fees for AACMA student members.*
- *Non AACMA student members pay the same price as non AACMA member registrants.*
- *Students need to show their current student card on attendance at the event.*
- *Photos may be taken during the seminar. These photos may be published in the AACMA newsletter.*
- *If you do not wish to be photographed, please inform the AACMA head office when you register for this seminar.*

Venue Hakea room, Mount Claremont Community Centre, 105 Montgomery Ave, Mount Claremont WA 6008

CPD **4 CPD points (professional issues)**

Registration Via Office Via office - RSVP by 12:00 PM EST, Thursday 19 March 2020.
Contact AACMA national office on 07 3457 1800 or email aacma@acupuncture.org.au

Please bring your AACMA Tax Invoice as proof of your seminar registration and payment

Registrations and payments are to be done either via BPAY or over the phone via credit card. Please contact AACMA national office on 07 3457 1800.

This is an AACMA-organised seminar. All enquiries should be directed to AACMA.

Who can attend AACMA State Committee events?

Attendance at AACMA State Committee events is open to AACMA members and non-members who are either CMBA-registered Chinese medicine practitioners or students enrolled in an AACMA/CMBA-approved acupuncture or Chinese medicine program. Preference will be given to AACMA members where numbers are limited.

Cancellation policy for paid events

Cancellations received one week or more before the event date will incur a \$20 administration fee. There are no refunds for cancellations received less than one week before the event or for failure to attend the event; however, a credit, minus the \$20 administration fee, can be retained for future events.

Any changes to event date, time, location, content or speaker(s) will be advised by the AACMA office before close of business on the Friday prior to the event.

Cancellation of registration due to event change(s) received before the Friday prior to the event can be arranged as a refund or credit for future events. Cancellation due to event change(s) received after the event date will be arranged as credits only if the registrant did not attend the event.

Please note that the AACMA office is not able to notify registrants of any event changes that may happen after the close of business of the Friday prior to the event.