



Andrew says the reaction's been so strong, because infertility is such a common problem - often the result of our own lifestyle choices.

"Number one cause would be stress, diet is a big one; dare I say it, not enough sex," explained [Andrew Orr](#).

Andrew's treatments involve a mix of traditional Chinese therapies like acupuncture and massage, as well as Chinese medicines and counselling.

"We look at the overall picture. Instead of just treating symptomatically, like Western medicine do, we look more holistically, so we look at diet, lifestyle, menstrual cycle."

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